

# **EXHIBIT 10**

From: Benzor Shem Vidal <[shem15418@gmail.com](mailto:shem15418@gmail.com)>  
Date: Fri, Sep 2, 2022 at 5:31 PM  
Subject: Re: Advanced Care Staffing v. Benzor Vidal  
To: AAA Michele Gomez <[MicheleGomez@adr.org](mailto:MicheleGomez@adr.org)>  
CC: David Seligman <[david@towardsjustice.org](mailto:david@towardsjustice.org)>, <[SAsaad@fordharrison.com](mailto:SAsaad@fordharrison.com)>

Greetings AAA!

I disagree about what Advanced Care Staffing has stated in the arbitration demand and that I do not owe them money. I believe that they have violated my rights in many ways.  
I do not think that I should be in arbitration because I don't think the arbitration agreement is legal.

I have not been able to decide on how to rank the arbitrators and I would need at least two more weeks because I do not know about these arbitrators who will be fairest to me.  
I would also like to know if I need to pay any of the costs of the arbitrators while the arbitration is happening since I do not know how to decide between them when there are various costs involved.

Thank you

Kind Regards,

Benzor Shem Vidal

On Friday, August 26, 2022, AAA Michele Gomez <[MicheleGomez@adr.org](mailto:MicheleGomez@adr.org)> wrote:

Good morning:

At this time we request claimant's position regarding the below request for further extension of time.



**AAA Michele Gomez**  
**Manager of ADR Services**

American Arbitration Association

T: 401 431 4848 F: 401 435 6529 E: [MicheleGomez@adr.org](mailto:MicheleGomez@adr.org)  
[1301 Atwood Ave, Suite 211N, Johnston, RI 02919](mailto:MicheleGomez@adr.org)  
[adr.org](mailto:MicheleGomez@adr.org) | [icdr.org](mailto:MicheleGomez@adr.org) | [aaamediation.org](mailto:MicheleGomez@adr.org)



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**From:** Benzor Shem Vidal <[shem15418@gmail.com](mailto:shem15418@gmail.com)>  
**Sent:** Thursday, August 25, 2022 5:21 PM  
**To:** AAA Michele Gomez <[MicheleGomez@adr.org](mailto:MicheleGomez@adr.org)>  
**Cc:** [SAsaad@fordharrison.com](mailto:SAsaad@fordharrison.com); [david@towardsjustice.org](mailto:david@towardsjustice.org); [valerie@towardsjustice.org](mailto:valerie@towardsjustice.org)  
**Subject:** Re: Advanced Care Staffing v. Benzor Vidal

\*\*\* External E-Mail – Use Caution \*\*\*

Hello Good Day,

I'm still talking to lawyers, and I ask for two more weeks.

Thank you

Benzor Shem Vidal

On Thu, 11 Aug 2022 at 8:32 am, AAA Michele Gomez <[MicheleGomez@adr.org](mailto:MicheleGomez@adr.org)> wrote:

Good morning:

At this time we request comments from Claimant's counsel.



**AAA Michele Gomez**  
**Manager of ADR Services**

American Arbitration Association

T: 401 431 4848 F: 401 435 6529 E: [MicheleGomez@adr.org](mailto:MicheleGomez@adr.org)  
[1301 Atwood Ave, Suite 211N, Johnston, RI 02919](#)  
[adr.org](#) | [icdr.org](#) | [aaamediation.org](#)



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**From:** Benzor Shem Vidal <[shem15418@gmail.com](mailto:shem15418@gmail.com)>

**Sent:** Wednesday, August 10, 2022 6:48 PM

**To:** AAA Michele Gomez

<[MicheleGomez@adr.org](mailto:MicheleGomez@adr.org)>; [SAsaad@fordharrison.com](mailto:SAsaad@fordharrison.com); [david@towardsjustice.org](mailto:david@towardsjustice.org); [valerie@towardsjustice.org](mailto:valerie@towardsjustice.org)

**Subject:** Advanced Care Staffing v. Benzor Vidal

**\*\*\* External E-Mail – Use Caution \*\*\***

Hello,

I am the person that Advanced Care Staffing is suing in this case. I am still talking to the attorneys who are seeing how they can help me and investigating my case. I would like two more weeks to respond to this lawsuit.

Thank you,

Benzor